

Learning Styles Survey



This survey can help you identify the ways you learn best. You will also learn study tips for your learning style. This can help you study and, thus, learn better. When you are in the world of work—just like in school—you will learn new things often.

Instructions: For each item below, write the point value in the cell that best describes you. For example: if you answer **Oftentimes** to Item #1, place a 5 under Often in row #1. Be honest about your answers. Your answers will help you learn about how you learn.

#	Item	OFTEN 5 points	SOMETIMES 3 points	NOT OFTEN 1 point
1.	Can remember more after my teacher tells me about a subject at the front of the class.			
2.	Like to have information written down on the board, in a book, or on a piece of paper.			
3.	Like to write things down or take notes to help me remember information.			
4.	Like to use posters, models, and activities to help me remember information.			
5.	Need someone to explain diagrams, graphs, and visuals to help me remember information.			
6.	Like working with hands or making things.			
7.	Good at making graphs or charts.			
8.	Good at listening for sounds that match when I hear two or more sounds close together.			
9.	Remember best after writing things down many times.			
10.	Can understand and follow directions on maps.			
11.	Learn best in class when listening to teacher talk or audio tapes.			
12.	Play with pencil, coins or stuff in pocket.			
13.	Learn to spell best by repeating the words out loud.			
14.	Like to read news on the Internet or in the newspaper instead of listening to news on the radio.			
15.	Chew gum or snacks while studying.			
16.	Think the best way to remember is to picture it in your head.			
17.	Learn spelling by "finger spelling" words.			

#	Item	OFTEN	SOMETIMES	NOT OFTEN
18.	Like to listen to information from a teacher instead of reading about information in a book.			
19.	Am good at solving jigsaw puzzles and mazes.			
20.	Hold thing in hand (pencil, book) while learning.			
21.	Like to listen to news on the radio instead of reading the newspaper or reading news on the Internet.			
22.	Enjoy doing research by reading information.			
23.	Comfortable shaking people's hands and giving hugs.			
24.	Follow directions better when they are told to me instead of on a piece of paper.			

The highest score is probably your preferred learning style.

VISUAL POINTS		AUDITORY POINTS		TACTILE POINTS	

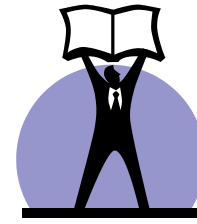
Interpretation Tip

If you have more than one high learning score (maybe all three or high or you have two high scores), that could mean that you use multiple styles or all styles and are able to be flexible depending upon the environment. This can be useful; it can also mean that you may find learning and working in occupations that require specific expertise difficult.

I believe that my learning style(s) is:

I think that means that I learn best when I:

Learning Style Study Tips



types

There is no best way to learn. You may find that study tips from all three of learning styles are useful. You can experiment to find which ones work best for you.

Auditory

You may learn best through your ears. You need to sit where you can hear what is going on in the classroom. You like to listen to the lesson and take notes on it later. It is helpful if you can talk about the facts and concepts you learn in class with a friend or a study partner immediately after new learning. You may hum or talk to yourself when you are bored, and you remember things through the sounds related to the experience.

Study Tips for Auditory Learners

- Tape record lessons or your notes and re-listen to them later.
- Quietly say the words out loud when you read so you can hear them.
- Talk to yourself about important points in your notes.
- Ask teachers to give directions out loud or ask a study partner to read them.
- Put key ideas or facts into a song or rhythm to help remember them.
- Join or organize a study group discussion to learn subjects.
- Sound may distract you or you may find that having sound in the background helps you concentrate.
- Do homework with friends in person or over the telephone.
- Ask a visual or tactile study partner to create a verbal quiz for you.

Tactile

You may learn best through your body. You probably enjoy athletics, like to share your opinion with others, and prefer to learn by doing and experiencing. You may learn best when using a computer because you can touch keys as you type. In fact, recopying your notes by retyping them into your computer could be helpful. Doodling while studying, eating a snack, and moving frequently helps you concentrate.

Study Tips for Tactile Learners

- Write with a big pen and take notes in class to give your hands something to do.
- Use flashcards or multi-colored index cards to help remember dates and facts.
- Type or recopy your notes from class or from your textbooks.
- Underline while reading or write notes in the book (if permissible).
- Take frequent, small breaks while studying.
- Move hands and feet for rhythm while studying.
- Sit in a rocking chair or walk while studying.
- Make charts, grids, outlines, diagrams to help remember information.
- Trace important words and ideas with finger or pen/pencil.
- Play music in the background.
- Act out ideas or re-enact situations to remember them.

Visual

You may learn best through your eyes. Sitting in the front of the room lets you look at the teacher and helps you focus since you can become distracted visually. It can be difficult for you to accomplish work while talking with someone. You learn well using charts, graphics, and illustrated textbooks. You may like to picture ideas in your head, watch T.V., and videos. You probably like to take detailed notes.

Study Tips for Visual Learners

- Look at people when they are talking.
- Recopy notes in color and/or use highlighters.
- Use post-it notes to write down key ideas.
- Study in a quiet place (sound may distract you).
- You should look at all study materials. Use flashcards, charts, and maps. Write to-do lists, take notes and use a highlighter. Picture ideas in your head. Write out everything so you can look at it for review.
- Visually organize notes using columns, categories, outline forms, and charts.
- Use flash cards and/or color-coded index cards and arrange on a corkboard, wall, or poster.

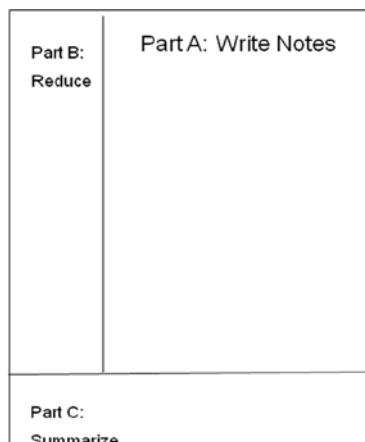
Study Tips for Everyone!

- Create a study space for yourself. Design it so it fits your study style (do you sit upright or sprawl?; do you study at a desk or table, on the floor, in a chair?; do you need lots of space?; sound in the background or quiet?)
- Exercise before studying can help you concentrate.
- Your brain loves color! Use highlighters, post-it notes, colorful index cards, and multi-colored pens.
- Make graphic organizers and flash cards to help you interact with important information.

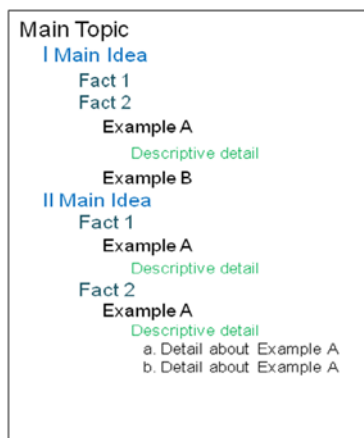
Note Taking Strategies

There is no “best way” to take notes. Select a method that works for you and that helps you remember the most information. You also want an organized method so your ideas are easy to read later. Below are the three examples for organizing notes for studying. Choose one of the note taking styles and use this worksheet to record learning style study tips you want to remember.

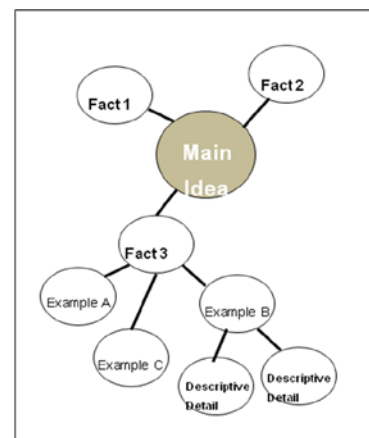
Cornell



Outlining



Mapping



Describe, outline, or map your learning style study tips here or on the back of the page: